

Checklist for the day of surgery

What do I need to bring?

- Insurance-card
- Complete answered operation-informed consent
- Signed remuneration agreement
- Compression pants, stockings, bodice
- Small blood count and coagulation
- 12 canal ECG

What do I have to keep in mind?

- Not able to work for about 10 days after surgery (settle with employer)
- Organize somebody to pick you up the next morning and bringing some food (rolls, Cola...)
- Assistance for the next day at home, because circulation ailments could occur
- Settle appointments for lymph drainage, 1. Appointment most suitable on the 2. Day after surgery
- Leger cloths (dark)(stretched jogging pants or long skirt, after arm-surgery stretched shirts), crocs or gummy shoes are most suitable
- Thermal packs are needed at home
- Do not drink or eat before surgery for at least 6 hours, only a glass of water for medicine
- Do not put lotion on surgery-affected parts of your body in the morning
- Cover your bed to protect it against wound fluids that can occur the first days after surgery
- Please transfer the money 10 days before surgery
- Please bring underwear for change

For the Overnight stay

Pajama

Cosmetics

Something to read

Enough money for antibiotics